



POSTPARTUM HAEMORRHAGE (PPH) – CLINICAL SKILLS TRAINING MODULE

Target Audience: Nurses, Medical Officers, Senior Residents, Consultants

Duration: 3–4 hrs.

Mode: Skill demonstration + hands-on practice

1. Know the definition of PPH

2. How to make the PPH toolkit

3. Learning Objectives

- Identify PPH early using clinical and physiological signs.
- Perform immediate first-response actions.
- Execute stepwise management (medical, ® non-surgical, ® surgical).
- Perform essential practical skills: uterine massage, IV access, uterotonics, balloon tamponade.
- Communicate effectively during an obstetric emergency.

4. Pre-Reading Material

Definition/classification of PPH, Causes (4 Ts), drugs & dosages, transfusion triggers, WHO/FIGO/GoI guidelines.

Dr Shashi. s PPH module



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5. Session Outline

A. Introduction will include:

The Importance of Early Recognition and the Golden Minutes.

Early Recognition & Initial Response

Assess bleeding, vitals, shock, call for help, role allocation, and uterine massage.

Uterine Massage & Bimanual Compression

Correct technique and continuous compression.

Uterotonic Administration

Oxytocin, Misoprostol, Carboprost, Methylergometrine – correct dose & route.

Learning quantitative estimation of blood loss

IV Access, Fluids & MTP Activation

Wide-bore cannulas, crystalloids, blood sampling, MTP steps.
UBT, conservative and radical surgical management of PPH
utilising the bundle approach

Practical work stations:

Station 1 Demonstration of the PPH toolkit

Station 2: Quantitative estimation of blood loss

Station 3 Balloon Tamponade (Condom/Bakri/Bharat balloon)

Station 4 Learning Brace sutures

Session 5: Learning the anatomy and technique of IIAL
Assembly, insertion, inflation, and monitoring.

Session 6: How to apply NASG



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Simulation Exercise

Team-based emergency drill for sudden PPH.

Evaluation

Skill checklists, oral quiz, and teamwork assessment.

Materials Required

Mannequin, cannulas, drugs, IV sets, tamponade kit, PPE, checklists, PPH toolkit, Obstetric haemorrhage chart

Closing Message: Saving the mother is

