

POSTPARTUM HAEMORRHAGE (PPH) – CLINICAL SKILLS TRAINING MODULE



Target Audience: Nurses, Medical Officers, Senior

Residents, Consultants

Duration: 3-4 hrs.

Mode: Skill demonstration + hands-on practice

1. Know the definition of PPH

2. How to make the PPH toolkit

3. Learning Objectives

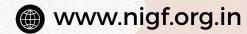
- Identify PPH early using clinical and physiological signs.
- Perform immediate first-response actions.
- -Execute stepwise management (medical, ® non-surgical, ® surgical).
- Perform essential practical skills: uterine massage, IV access, uterotonics, balloon tamponade.
- Communicate effectively during an obstetric emergency.

4. Pre-Reading Material

Definition/classification of PPH, Causes (4 Ts), drugs & dosages, transfusion triggers, WHO/FIGO/GoI guidelines.

Dr Shashi, s PPH module







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5.Session Outline A. Introduction will include:

The Importance of Early Recognition and the Golden Minutes.

Early Recognition & Initial Response

Assess bleeding, vitals, shock, call for help, role allocation, and uterine massage.

Uterine Massage & Bimanual Compression

Correct technique and continuous compression.

Uterotonic Administration

Oxytocin, Misoprostol, Carboprost, Methylergometrine – correct dose & route.

Learning quantitative estimation of blood loss

IV Access, Fluids & MTP Activation

Wide-bore cannulas, crystalloids, blood sampling, MTP steps.
UBT, conservative and radical surgical management of PPH utilising the bundle approach

Practical work stations:

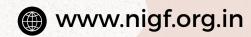
Station 1 Demonstration of the PPH toolkit Station 2: Quantitative estimation of blood loss

Station 3 Balloon Tamponade (Condom/Bakri/Bharat balloon)
Station 4 Learning Brace sutures

Session 5: Learning the anatomy and technique of IIAL Assembly, insertion, inflation, and monitoring.
Session 6: How to apply NASG









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Simulation Exercise

Team-based emergency drill for sudden PPH.

Evaluation

Skill checklists, oral quiz, and teamwork assessment.

Materials Required

Mannequin, cannu<mark>las, drugs, IV sets, tamponade kit, PPE, checklists, PPH toolkit, Obstetric haemorrhage chart</mark>

Closing Message: Saving the mother is



